

THE GOOD DOG

CALENDAR
2026



Photography by Stetson Gleave

Come join us. Please!

As fast as possible, Good Dog must double the number of human-canine Therapy Dog Teams we train, certify and deploy across the Tri-State / NYC Metro area. Our goal: To help a quarter-million people a year versus 100,000 now. We welcome applications from anyone whose pet dog may qualify. Please scan the QR code below to find out more.



Why the urgency?

Post-pandemic anxiety / depression are tearing at the wellbeing of families and the workforce. Studies show half of adults now report anxiety, 41% depression. Among young people, rates are far higher.

At hospitals, loss of federal research and Medicaid funds are taking a toll. Our hospitals are in duress. Therapy dog visits with stressed staff are now as critical as bedside visits with patients.

K-12 schools and universities are seeing rising cognitive impairment and behavioral issues from stress, depression, peer pressure and fear of failure. They need more therapy dog visits.

Corporate workplaces see colleague mental health as “the elephant in the room” and credit Good Dog Workforce Wellness Visits for fostering stress-free, collaborative, creative work environments. These visits have doubled each year over the past three years.

Why are Good Dogs so good?

NIH studies, plus Good Dog research with Yale University, prove the loving gaze and touch of a therapy dog triggers a surge in a powerful feel-good hormone, Oxytocin. The surge can be instantaneous...as high as 300%! Oxytocin also enhances self-trust, trust in others, and creative output – outcomes that help all we serve (patients, students, workers) in their struggle to recover from anxiety, improve learning capacity, and enhance teamwork. **In addition, Good Dog has mastered the art of training two species (dog and human) to work as one team, ensuring safety and efficacy.**

Do you want to make the world a better place?

Many of us feel powerless to confront society's enormous challenges. But is there anything more natural or loving than teaming up with your own dog to volunteer (on your own schedule) to help children and adults recover from anxiety and overcome learning issues? Especially when "feeling good" from helping others combines with "feeling good" from Oxytocin surging through you and your dog!

That's how it is for the dogs and human partners in this calendar. They share their "feel good" stories with you in brief videos accessible by QR code on each calendar page.

So, please help us.

Our mission is to help humans heal from emotional pain and support childhood learning through Animal Assisted Therapy. In this, we are globally recognized as world leader for best practices and trustworthiness in training and fielding human/canine "therapy dog teams." This past year, we visited some 300 partner facilities including the world's great teaching hospitals, K-12 schools, universities, nursing homes and libraries. And, our Workforce Wellness visits helped over 6,000 employees. Our work also demonstrates healing is reciprocal: Dogs help humans heal, and humans have a responsibility to care for the animals in return.

You can:

Spread the Word about Volunteering



Find out about applying to become a *Good Dog Volunteer Therapy Dog Team*.

TheGoodDogFoundation.org/volunteer-certification

Support Good Dog's Annual Appeal



Our goal is to raise \$150,000. Your generous tax-deductible gift helps us train, deploy and insure our teams. **Please give now.**

TheGoodDogFoundation.org/donate



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Founding President – Chief Science Officer



Bruce Fagin
Executive Director – Chief Advancement Officer

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Cherry

Miniature Poodle
Mindy, Human Handler

Our Story:



January 2026

December 2025

February 2026

| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 28 | 29 | 30 | 31 | | | | | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|----------------------------------|---------|-----------|---------------------|--------|----------|
| 28 | 29 | 30 | 31 | 1 New Year's Day | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 Martin Luther King Jr. Day | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |



Prince

Labrador Retriever
Paige, Human Handler

Our Story:



February 2026

| January 2026 | | | | | | | March 2026 | | | | | | |
|--------------|----|----|----|----|----|----|------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
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| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | 29 | 30 | 31 | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|-----------------|------------------------------------|-----------|----------|----------------------------|-----------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | | | | | | Valentine's Day |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| | President's Day | Chinese New Year Ramadan Begins | | | National Love your Pet Day | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |



Dr. Zaius

Labradoodle

Jessica, Human Handler

Our Story:



March 2026

February 2026

April 2026

| S | M | T | W | T | F | S |
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| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |

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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------------------------|-------------------------|-----------|--------------------|--------------------------------|----------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 National K9 Veterans Day | 21 |
| 22 | 23 | 24 St. Patrick's Day | 25 | 26 Ramadan Ends | 27 | 28 |
| 29 | 30 National Puppy Day | 31 | | | | |



Hugo

Cavalier King Charles Spaniel
Robert, Human Handler

Our Story:



April 2026

March 2026

May 2026

| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | | | | | | 1 | 2 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 29 | 30 | 31 | | | | | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | | | | | | | 31 | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------|--------|---------|--|--------------------|------------------|----------|
| 29 | 30 | 31 | 1 Passover Begins April Fools' Day | 2 | 3 Good Friday | 4 |
| 5 Easter Sunday | 6 | 7 | 8 | 9 Passover Ends | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 1 | 2 |



Piper

Goldendoodle

Sarah, Human Handler

Our Story:



May 2026

| April 2026 | | | | | | | June 2026 | | | | | | | | |
|------------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|---|---|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | | |
| | | | | 1 | 2 | 3 | 4 | | | 1 | 2 | 3 | 4 | 5 | 6 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | | |
| 26 | 27 | 28 | 29 | 30 | | | 28 | 29 | 30 | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------|--------------|--------------------|-----------|----------|--------|----------|
| 26 | 27 | 28 | 29 | 30 | 1 | 2 |
| 3 | 4 | 5 Cinco de Mayo | 6 | 7 | 8 | 9 |
| 10 Mother's Day | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | Memorial Day | | | | | |



Sinatra

Pit Bull Terrier

Elizabeth, Human Handler

Our Story:



June 2026

| May 2026 | | | | | | | July 2026 | | | | | | |
|----------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | | | | | 1 | 2 | | | | 1 | 2 | 3 | 4 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | 26 | 27 | 28 | 29 | 30 | 31 | |
| | | | | | | 31 | | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------|--------|------------------|---------------|----------|------------|----------|
| 30 | 1 | 2 | 3 | 4 | 5 | 6 |
| | | | GOOD DOG GALA | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | | Islamic New Year | | | Juneteenth | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Father's Day | | | | | | |
| 28 | 29 | 30 | 1 | 2 | 3 | 4 |



CJ

Cavalier King Charles Spaniel
Edith, Human Handler

Our Story:



July 2026

| June 2026 | | | | | | | August 2026 | | | | | | |
|-----------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | 1 | 2 | 3 | 4 | 5 | 6 | | | | | | | 1 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 28 | 29 | 30 | | | | | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | | | | | | | 30 | 31 | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|-------------------------|-----------------------|
| 28 | 29 | 30 | 1 | 2 | 3 | 4 Independence Day |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 National Mutt Day | 1 |



Birdie

Bernedoodle

Courtney, Human Handler

Our Story:



August 2026

| July 2026 | | | | | | | September 2026 | | | | | | |
|-----------|----|----|----|----|----|----|----------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | | | 1 | 2 | 3 | 4 | | | 1 | 2 | 3 | 4 | 5 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 26 | 27 | 28 | 29 | 30 | 31 | | 27 | 28 | 29 | 30 | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------------------|----------|--------|----------|
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | International Dog Day | | | |



Aiden

Coton de Tulear
Linda, Human Handler

Our Story:



September 2026

| August 2026 | | | | | | | October 2026 | | | | | | |
|-------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | | | | | | 1 | | | | | 1 | 2 | 3 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| 30 | 31 | | | | | | | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|-----------------------|---------|-----------|----------|----------------------------|----------|
| 30 | 31 | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 Labor Day | 8 | 9 | 10 | 11 Rosh Hashanah Begins | 12 |
| 13 Rosh Hashanah Ends Ganesha Chaturthi | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 Yom Kippur Begins | 21 Yom Kippur Ends | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 1 | 2 | 3 |



Mr. Robinson

Australian Labradoodle
Linda, Human Handler

Our Story:



October 2026

September 2026

November 2026

| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 27 | 28 | 29 | 30 | | | | 29 | 30 | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---------|-----------|----------|--------|-----------------|
| 27 | 28 | 29 | 30 | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 Columbus Day / Indigenous Peoples' Day | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 Halloween |



Buttercup

Cane Corso

Kathleen, Human Handler

Our Story:



November 2026

October 2026

December 2026

| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 | | | 1 | 2 | 3 | 4 | 5 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | 27 | 28 | 29 | 30 | 31 | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------|--------|-------------------|--------------------|------------------------|--------|----------|
| 1 | 2 | 3 Election Day | 4 | 5 | 6 | 7 |
| 8 Diwali | 9 | 10 | 11 Veterans Day | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 Thanksgiving Day | 27 | 28 |
| 29 | 30 | | | | | |



Disco Stu

Shorkie

Stephanie, Human Handler

Our Story:



December 2026

November 2026

January 2027

| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | | | | | | 1 | 2 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 29 | 30 | | | | | | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | | | | | | | 31 | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------------|-----------------|---------------|
| 29 | 30 | 1 | 2 | 3 | 4 | 5 |
| | | | | | Chanukah Begins | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | | | | | Chanukah Ends |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| | | | | | | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | | | | | Christmas Day | |
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| | | | | New Year's Eve | | |

Your Dog Belongs Here

Find out if you're eligible:



January 2027

December 2026

February 2027

| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 | | 1 | 2 | 3 | 4 | 5 | 6 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 27 | 28 | 29 | 30 | 31 | | | 28 | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|----------------------------------|---------|-----------|----------|---------------------|----------|
| 27 | 28 | 29 | 30 | 31 | 1 New Year's Day | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 Martin Luther King Jr. Day | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

Teams

- 1. Cherry & Mindy
- 2. Aiden & Linda
- 3. Hugo & Rob
- 4. Dr. Zaius & Jessica
- 5. Sinatra & Elizabeth
- 6. Buttercup & Kathleen
- 7. Mr. Robinson & Linda
- 8. Prince & Paige
- 9. Disco Stu & Stephanie
- 9. Birdie & Courtney
- 10. CJ & Edith with their Good Dog team friends, Ellie & Joan
- 11. Piper & Sarah





Discover the
healing power



Good Dog *Workforce Wellness* visit.

Acknowledgement

We thank our extraordinary volunteer Therapy Dog Teams (dogs and human handlers) for their humanity towards people who are suffering.

For more information about our services, please visit our website:

TheGoodDogFoundation.org



The Good Dog Foundation
PO Box 346 Hudson, NY 12534